

03/21/2025

**Tri-Community HeartSafe Initiative
Saugatuck Twp, City of Douglas, Saugatuck City**

Volunteers Job Description

Subject: Call for Volunteers from the Tri-Community of Saugatuck Twp, Saugatuck City, and The Village of the City of Douglas to support the HeartSafe Community Initiatives.

Dear Valued Community Member,

We are writing to you with an exciting opportunity to make a real difference in the health and safety of your community. The Tri-Community HeartSafe program Communittee is seeking enthusiastic and dedicated volunteers to help us expand our efforts and create a truly heart-safe environment for everyone.

Our program focuses on increasing public access to AEDs, CPR and AED training, promoting early intervention, and raising awareness about heart health. We can significantly enhance the chances of survival potentially doubling or tripling the survival rate when immediate CPR and the use of an automated external defibrillator (AED) are administered within the first few minutes of an individuals experiencing cardiac arrest.

We're looking for volunteers with variety of skills and interests. Whether you are a whiz at organizing events, passionate about educating others, skilled in communication, or simply willing to lend a helping hand, we have a place for you. Volunteers would be working with Tri-Community chair members to support the chairs responsibilities Even a few hours of your time can make a significant impact. If are you interested in joining us please contact us for more information about getting involved.

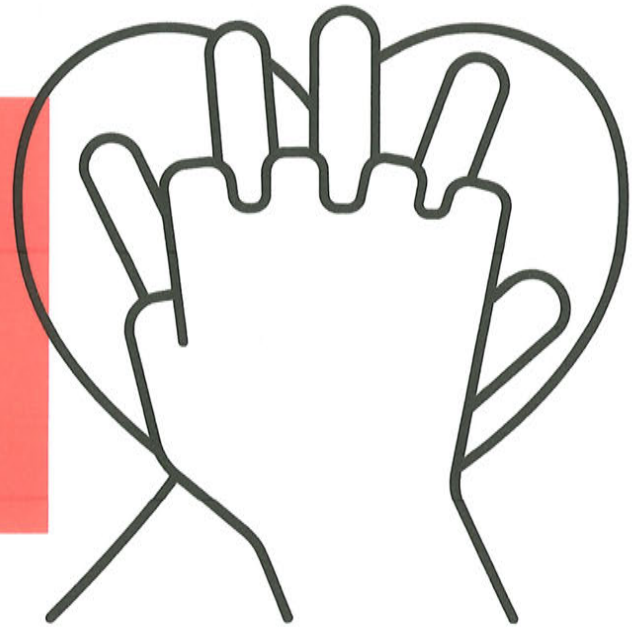
We look forward to hearing from you and working together to make our community a heart safe place to live for all.

Sincerely,

Tony Schippa
2750 Blue Star Hwy
Fennville Mi, 49408
616-836-9139
tonyschippa@hotmail.com
[Tony Schippa FB page](#)
[Time Saves Lives LLC FB page](#)

Please like, share and follow our FB pages

HEARTSAFE TRI- COMMUNITY



WHAT IS HEARTSAFE?

A HeartSafe community focuses on saving lives with hands-only CPR Training, AED access, and heart healthy programs to strengthen the chain of survival.

PURPOSE

The single most important objective of the Tri-Community HeartSafe Program is to save the lives of those experiencing Sudden Cardiac arrest whose life status may depend on early intervention CPR and AED use.

MISSION

Tri-Community HeartSafe mission is to train, educate, and empower the Tri-Community members and visitors on the lifesaving importance of early intervention CPR and AED use.

VISION

An ever-increasing number of lives-saved, families rejoicing, and community members and visitors celebrating due to the Tri-Community's strong commitment and participation in early intervention CPR/AED use.

OPEN CHAIR POSITIONS

- Medical Director
- Fundraising
- Training
- administration
- VOLUNTEERS

TONY SCHIPPA

Call or Text
616) 836-9139

[Tonyschippa@hotmail.com](mailto:Tonymschippa@hotmail.com)



Why Learn Hands-Only CPR?

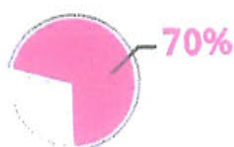
Cardiac arrest – an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and other organs – is a leading cause of death. Each year, more than 350,000 EMS-assessed out-of-hospital cardiac arrests occur in the United States.

When a person has a cardiac arrest, survival depends on immediately receiving CPR from someone nearby.

According to the American Heart Association, about 90 percent of people who suffer out-of-hospital cardiac arrests die. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

Be the Difference for Someone You Love

If you are called on to give CPR in an emergency, you will most likely be trying to save the life of someone you love: a child, a spouse, a parent or a friend.



About **70 percent** of out-of-hospital cardiac arrests happen in homes



About **46 percent** of people who experience an out-of-hospital cardiac arrest receive the immediate help that they need before professional help arrives

Hands-Only CPR has been shown to be as effective as conventional CPR for cardiac arrest at home, at work or in public.

Hands-Only CPR has just two easy steps, performed in this order:

1



Call 911 if you see a teen or adult suddenly collapse



2



Push hard and fast in the center of the chest to the beat of a familiar song that has 100 to 120 beats per minute

Music Can Save Lives

Song examples include "Stayin' Alive" by the Bee Gees, "Crazy in Love" by Beyoncé featuring Jay-Z, "Hips Don't Lie" by Shakira or "Walk the Line" by Johnny Cash. People feel more confident performing Hands-Only CPR and are more likely to remember the correct rate when trained to the beat of a familiar song.

When performing CPR, you should push on the chest at a rate of 100 to 120 compressions per minute, which corresponds to the beat of the song examples above. Stay up with the latest **Be the Beat®** songs all year long.

Take 90 Seconds to Learn How to Save a Life

Watch the 90-second video. Visit heart.org/handsonlycpr to watch the Hands-Only CPR instructional video and share it with the important people in your life. Hands-Only CPR is a natural introduction to CPR, and the AHA encourages everyone to learn conventional CPR as a next step. You can find a CPR class near you at heart.org/findacourse.

NOTE: The AHA still recommends CPR with compressions and breaths for infants and children and victims of drowning, drug overdose, or people who collapse due to breathing problems.



AED FACT SHEET



EARLY DEFIBRILLATION

- More than 15% of Out of Hospital Cardiac Arrests (OHCAs) occur in a public location; therefore, public access AEDs and community training have a large role to play in early defibrillation. However, the number of patients who have an AED applied by a bystander remains low, occurring after only 10.2% of public arrests.

- In 2021, 28.7% (n=42,198) of Cardiac Arrest Registry to Enhance Survival (CARES) patients were defibrillated in the field. The proportion of patients first defibrillated by a bystander was 4.6%, whereas 19.1% and 76.3% were first defibrillated by a first responder or EMS personnel, respectively.



FUNCTIONALITY

- Inside the AED box are pads and a diagram that shows where to place them on the bare skin. Once the device is turned on, a voice tells the person using it exactly what to do. Some devices offer this instruction in Spanish, but most are English-speaking.
- The first thing the AED will do is determine whether an electric shock is needed by analyzing the person's heart rhythm. CPR should be stopped only while the machine is doing this analysis. If no shock is advised, it will tell you to resume CPR. If there is a shockable rhythm, it will deliver the shock and afterwards will tell you to resume CPR.

MORE STATS

- 9 in 10 cardiac arrest victims who receive a shock from an AED in the first minute live.
- Bystanders administer CPR about 40% of the time and AEDs even less so.
- Your chance of survival while waiting for emergency medical services during a cardiac emergency decreases by 10% every minute without CPR.



AEDS AT WORK

- Are you one of the 50% who can locate an automated defibrillator (AED) at work? With 10,000 cardiac arrests annually in the workplace, you have the potential to save thousands of lives. Immediate CPR and use of an AED can double, or even triple, survival rates.
- The American Heart Association does not recommend one device over another. The AED you choose should be simple and easy to use.

CHILDREN AND AEDS

- Children over age 8 can be treated with a standard AED. For children ages 1–8, the AHA recommends the pediatric attenuated pads that are purchased separately. In infants <1 year of age a manual defibrillator is preferred. If a manual defibrillator is not available, an AED with a dose attenuator may be used.



CPR and AED Use for Adults

Although much is being done to prevent death from heart problems, cardiac arrest is still a leading cause of death in the United States. And about 70% of the arrests that occur outside of the hospital happen at home. You will learn skills that will help you recognize cardiac arrest, get emergency care on the way quickly, and help the person until more advanced care arrives to take over.

In this section, you will learn when CPR is needed, how to give CPR to an adult, and how to use an AED.

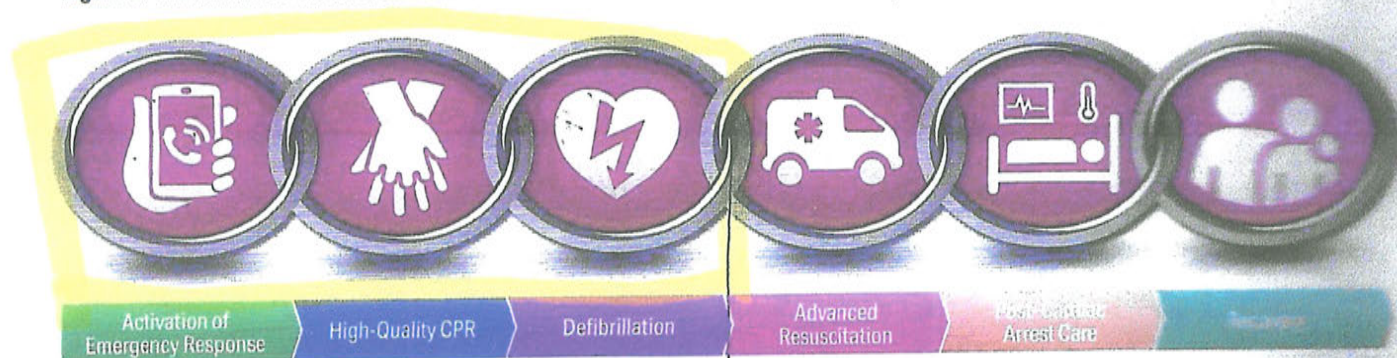
Adult Chain of Survival

The AHA adult Chain of Survival (Figure 9) shows the most important actions needed to treat adults who have cardiac arrests outside of a hospital. During this course, you will learn about the first 3 links of the chain. The fourth and fifth links are advanced care provided by emergency responders and hospital providers who take over care, and the sixth link is recovery.

Remember that seconds count when someone has a cardiac arrest. Wherever you are, take action. The adult Chain of Survival starts with you!

- **First link:** Immediately recognize the emergency and phone 9-1-1.
- **Second link:** Perform early CPR with an emphasis on chest compressions.
- **Third link:** Use an AED immediately (as soon as it is available).
- **Fourth and fifth links:** Advanced care is provided.
- **Sixth link:** Additional treatment, observation, and rehabilitation may be needed to fully recover from a cardiac arrest.

Figure 9. The AHA adult Chain of Survival for cardiac arrests that occur outside of a hospital.



MCL = Michigan Compiled Laws

MCL 691.1504

Rendering of cardiopulmonary resuscitation; applicability of subsection (1) to civil actions; use of automated external defibrillator; applicability of subsections (3) and (4).

The following people and entities are protected in emergency situations:

- An individual who having no duty to do so in good faith voluntarily renders cardiopulmonary resuscitation to another individual ...
- An individual who having no duty to do so in good faith voluntarily renders emergency services to another individual using an automated external defibrillator ...
- A physician who provides medical authorization for use of an automated external defibrillator.
- An individual who instructs others in the use of an automated external defibrillator.
- An individual or entity that owns, occupies, or manages the premises where an automated external defibrillator is located or used.

MCL 691.1501

Physician, physician's assistant, nurse, or EMS provider rendering emergency care

Licensed medical professionals are protected when rendering emergency care

A physician, physician's assistant, registered professional nurse, licensed practical nurse, or licensed EMS provider **who in good faith renders emergency care without compensation at the scene of an emergency**, if a physician-patient relationship, physician's assistant-patient relationship, registered professional nurse-patient relationship, licensed practical nurse-patient, or licensed EMS provider-patient